

# Headlands Primary School Menu

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WEEK COMM	MONDAY	MEAL CHOICE	T✓	TUESDAY	W✓	WEDNESDAY	T✓	THURSDAY	F✓	FRIDAY
5-8 September 2 – 6 October 6-10 October 4-8 December  *Tues 5 Sept – Pasta/Jkt Pot	PACKED LUNCH <input type="checkbox"/> ✓ Jacket Potato <input type="checkbox"/> ✓ Pasta <input type="checkbox"/> ✓	PACKED LUNCH		PACKED LUNCH		PACKED LUNCH		PACKED LUNCH		PACKED LUNCH
		JACKET POTATO		(selection of fillings)		(selection of fillings)		(selection of fillings)		(selection of fillings)
		MAIN		Mexican Chicken nacho bake		Roast Pork in gravy with sage & onion stuffing		Chicken Korma		Fish Stars
		VEGGIE OPTION		Stuffed Pepper		Potato & Leek gratin		Quorn Korma		Cheese & Potato pie
		SIDES		Rice & Sweetcorn		Roast pots, carrots & peas		Rice & naan Bread		New pots & beans
PUDDING		Pears in Juice		Fruit Salad		Pudding of the day		Sponge		
WEEK COMM	MONDAY	MEAL CHOICE	T✓	TUESDAY	W✓	WEDNESDAY	T✓	THURSDAY	F✓	FRIDAY
11-15 Sept 9-13 October 13-17 Nov 11-15 Dec	PACKED LUNCH <input type="checkbox"/> ✓ Jacket Potato <input type="checkbox"/> ✓ Pasta <input type="checkbox"/> ✓	PACKED LUNCH		PACKED LUNCH		PACKED LUNCH		PACKED LUNCH		PACKED LUNCH
		JACKET POTATO		(selection of fillings)		(selection of fillings)		(selection of fillings)		(selection of fillings)
		MAIN		Chicken burger in a bun		Sausages in gravy		Mexicano mild chilli con carne		Breaded Fish fillets
		VEGGIE OPTION		Bean burger in a bun		Veggie cowboy casserole		Mild Quorn chilli		Broccoli & cauliflower bake
		SIDES		Diced pots. Sweetcorn & Coleslaw		Mash, Yorkshire pudding, carrots & sweetcorn		Rice & nachos		Chips & spaghetti hoops
PUDDING		Smoothie		Pudding of the day		Peaches in juice		Ice cream		
WEEK COMM	MONDAY	MEAL CHOICE	T✓	TUESDAY	W✓	WEDNESDAY	T✓	THURSDAY	F✓	FRIDAY
18-22 Sept 16-20 October 20-24 Nov 18-20 Dec	PACKED LUNCH <input type="checkbox"/> ✓ Jacket Potato <input type="checkbox"/> ✓ Pasta <input type="checkbox"/> ✓	PACKED LUNCH		PACKED LUNCH		PACKED LUNCH		PACKED LUNCH		PACKED LUNCH
		JACKET POTATO		(selection of fillings)		(selection of fillings)		(selection of fillings)		(selection of fillings)
		MAIN		Turkey drummers		Shepherd's pie		Italian Chicken casserole		Fish cakes
		VEGGIE OPTION		Veggie Paella		Shepherdess pie		Cheese & bean melt		Veggie nuggets
		SIDES		Wedges & spaghetti hoops		Beans		New pots		Diced pots & peas
PUDDING		Pudding of the day		Angel delight		Jelly		Smoothie		
WEEK COMM	MONDAY	MEAL CHOICE	T✓	TUESDAY	W✓	WEDNESDAY	T✓	THURSDAY	F✓	FRIDAY
25-29 Sept 31-3 Nov 27-1 Dec  *Tues 31 Oct – Pasta/Potato	PACKED LUNCH <input type="checkbox"/> ✓ Jacket Potato <input type="checkbox"/> ✓ Pasta <input type="checkbox"/> ✓	PACKED LUNCH		PACKED LUNCH		PACKED LUNCH		PACKED LUNCH		PACKED LUNCH
		JACKET POTATO		(selection of fillings)		(selection of fillings)		(selection of fillings)		(selection of fillings)
		MAIN		Chicken & Potato pie		Roast Turkey in gravy		Meatballs / tomato sauce		Fish Fingers
		VEGGIE OPTION		Vegetable carbonara		Quorn fillets in gravy		Roast vegetable lasagne		Macaroni cheese
		SIDES		Beans		Mash, seasonal veg & Yorkshire Pudding		Pasta & salad		Diced pots & sweetcorn
PUDDING		Pudding of the day		Fruit salad		Biscuits		Jelly		

Jacket Potato comes with a selection of fillings. Tomato Pasta comes with Garlic Bread

PTO....

# Headlands Primary School Menu

## MEAL ORDER FORM

Child's full name: ..... Childs Class .....

Signed by parent/carer: ..... Date: .....

Cost per day (Year 3 upwards only) £2.00    Cost per week: £10.00

Total number of meals booked ..... X £2.00 = £..... Please tick if you are registered for Free School Meals

Cheques are to be made payable to "Headlands Primary School"

You may also make payments via the School Gateway app.

Please **ENSURE** this form is handed into the school office no later than the **Monday** morning before the food is required.

Please enclose the correct money as change cannot be given.

If orders are received late (i.e. after Monday) your child will have a choice of either Jacket Potato or Packed Lunch.

\*20<sup>th</sup> December meal will be different to the menu. Details to be given nearer the date.

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